



# EPIPHANY STAR

**Church of the Epiphany November 2011**

The little white church on the corner

1530 Lafayette Blvd, Norfolk, VA 23509 \* [www.epiphanynorfolk.org](http://www.epiphanynorfolk.org)  
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## Clergy Clatter

At least a dozen people have made sure I've seen it: "Does Yawning Cool the Brain?" Although the article was in our local paper, it drew on a study published in "Frontiers in Evolutionary Neuroscience." I don't think I want to subscribe to that journal. But the idea is that when our brains get hot, we



yawn to take in extra air to cool them off.

Well - that explains a lot of things - like all of that yawning at Vestry Meetings. Everyone's brain is going so fast that they are over-heating and need extra cooling. And those yawns during my homilies - now I understand!

The article says that yawns are contagious "perhaps as an evolutionary signal to oth-

ers in a group to stay alert and ready in case of outside attacks." Okay 8 O'Clockers, where's the

"outside attack?" And they say we yawn more in the winter when the air is cool, than in the summer when the air is hot. There must be something wrong with me. I yawn all the time - winter, summer, fall. All I need to do is think "yawn," and I do it. I must have a very hot brain.

I wonder if I yawn in my sleep. Sleep seems to be my most productive time. The next day, I'm not sure whether I dreamed an idea or thought an idea. I must yawn in my sleep to keep that over working brain cool. But - evolution may have precluded that - flies, and bugs and all those things.

Is it any wonder we can't understand God?

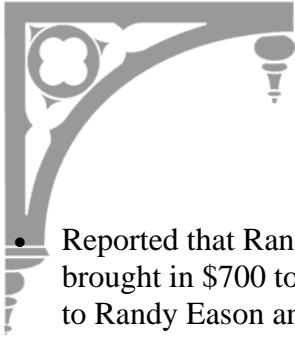
I mean - if something as simple as a yawn is so complicated - how about God? God must really get complicated, and I'll bet he yawns a lot because his brain is so busy. I wonder what God looks like yawning...

See - Theology and science really do go hand in hand. Oh, OK! All that thinking about God has my brain over heated again - and I'm awake....

Yaawwnnn!

Richard †





# Vestry Highlights

- Reported that Randy and Jimmy's BBQ sale brought in \$700 to the General Fund. Applause to Randy Eason and Jimmy Teeter!
- Reported that the new Finance Committee is meeting and working hard toward next year's budget.
- Appointed a Columbarium Committee to work on dressing it up: Jim Fisher, Kevin LaPointe, Dawn King and Nancy Reynolds.
- Agreed to hold this year's Lenten Program at Epiphany rather than joining the group program.
- Approved contacting a list of prospective money counters to firm up teams.
- Approved not having an organist Christmas Day.
- Approved a Thanksgiving Dinner at Church again this year.
- Approved repairs to roof flashing around Bell Tower.
- Approved trimming trees in the Church Yard.
- Approved planting a new Maple Tree in Church Yard for All Saints' Day.
- Approved the following resolutions:

***"A Resolution Honoring the Service by Vernon Aunchman to God and to the Episcopal Church of the Epiphany. Whereas you, Vernon Aunchman, have served God and the Episcopal Church of the Epiphany as Money Counter for three years,***

*We, the Rector and Vestry of the Church of the Epiphany, express our heartfelt thanks for your years of dedicated service in our beloved church.*

*We look forward to serving with you for many years in the future."*

***"A Resolution Honoring the Service by George Ray Bailey to God and to the Episcopal Church of the Epiphany. Whereas you, George Ray Bailey, have served God and the Episcopal Church of the Epiphany as Assistant Treasurer, one man Stewardship Committee, and Budget Committee for 20 years,***

*We, the Rector and Vestry of the Church of the Epiphany, express our heartfelt thanks for your years of dedicated service to our beloved church.*

*We look forward to serving with you for many years in the future."*



Otto & Sherry Pebworth - November 8th



6th	Robert Kidd	15th	Lynne Pipis
8th	Diane Irby	21st	Cindy Jones
9th	Louise Bailey	21st	Dennis Fulgham, Jr
12th	Richard Bridgford	27th	Shirley Stull

## Sunday School News

Sunday School is going so well! We are excited to see all the children coming to learn about their faith and their Creator! The dates for classes will be the 2nd and 4th Sundays, from 9:45-10:45 AM.

However, in December we will meet the first three Sundays to prepare for our Christmas Program:  
**November 13th and 27th,**  
**December 4, 11 and 18th.**

## Worship Volunteer Schedule

Nov	Lector	Chalicer	Usher
6	Brian Pritchard	Brian Pritchard	Nancy Reynolds
13	Patty Poore	Dottie Isaac	Mike Scott
20	Jerry Cronin	Mike Scott	Kevin LaPointe
27	Marcie Kidd	Jimmie Jordan	Jimmie Jordan





## Epiphany Prayer List

- |                                    |                        |
|------------------------------------|------------------------|
| <b>Louise Bailey</b>               | <b>Robert Kidd</b>     |
| <b>Steven Brausewetter</b>         | <b>Barbara Kledzik</b> |
| <b>Jeremiah Cronin</b>             | <b>Bear Masters</b>    |
| <b>Al Godden</b>                   | <b>Nell Steckman</b>   |
| <b>Jim Hanson</b>                  | <b>Elva Wilson</b>     |
| <b>Richard &amp; Louise Jacobs</b> |                        |

**Remember John Paiz on deployment!**

# November 2011

**Sun      Mon      Tue      Wed      Thu      Fri      Sat**

		<p><b>1</b> Nita Reed Funeral Service 11 AM</p>	<p><b>2</b> GS Tr 186 6:30 PM  Choir 7 PM</p>	<p><b>3</b></p>	<p><b>4</b> Al Anon 10 AM- 1 PM</p>	<p><b>5</b> Set your clocks back tonight!  </p>
<p><b>6</b> Holy Eucharist Rite II 8 and 11 AM  The Tsars &amp; the Iron Curtain 6:30 PM</p>	<p><b>7</b>  AA 7-10 PM</p>	<p><b>8</b></p>	<p><b>9</b> GS Tr 186 6:30 PM  Choir 7 PM</p>	<p><b>10</b>  Vestry 7 PM</p>	<p><b>11</b> Al Anon 10 AM- 1 PM</p>	<p><b>12</b></p>
<p><b>13</b> Holy Eucharist Rite II 8 and 11 AM</p>	<p><b>14</b>  AA 7-10 PM</p>	<p><b>15</b> Clergy Conference</p>	<p><b>16</b> Clergy Conference GS Tr 186 6:30 PM Choir 7 PM</p>	<p><b>17</b></p>	<p><b>18</b> Al Anon 10 AM- 1 PM</p>	<p><b>19</b></p>
<p><b>20</b> Holy Eucharist Rite II 8 and 11 AM  Congregational Meeting</p>	<p><b>21</b>  AA 7-10 PM</p>	<p><b>22</b></p>	<p><b>23</b> GS Tr 186 6:30 PM  Choir 7 PM</p>	<p><b>24</b> Thanksgiving Service 11AM Dinner Follows!</p>	<p><b>25</b> Al Anon 10 AM- 1 PM</p>	<p><b>26</b></p>
<p><b>27</b> Holy Eucharist Rite II 8 and 11 AM  <b>1st Sunday in Advent</b></p>	<p><b>28</b>  AA 7-10 PM</p>	<p><b>29</b></p>	<p><b>30</b> GS Tr 186 6:30 PM  Choir 7 PM</p>			

# Congregational Meeting

On Sunday, November 20th, we will hold our Annual Congregational Meeting in lieu of the homily at both the 8 and 11 AM services. The budget for 2012 will be distributed and questions answered (the Vestry approves the budget). We will elect three new Vestry members, each for a three year term to replace the class of 2011, Todd Bissonnette, Jim Fisher and Lynne Pipis who are rotating off.

Nomination forms are in the back of the church. We need to remember that before we nominate someone, we need his/her permission. Also, nominees must be confirmed or received Communicants of the parish. If you have questions, please see Fr. Bridgford. Nomination Forms should be returned to the office by Sunday, November 13th. It's okay to nominate yourself!

# Baltic Sea Travelogue

If you enjoyed **Richard the Terrible** and "**The Vikings**" last month, don't miss "**The Tsars and the Iron Curtain.**" On November 6th, we'll visit Russia and Germany for our program.



The evening will begin with a potluck supper at 6:30 PM followed by the presentation. Food appropriate to the lands discussed would be fun! Don't miss it!

**Episcopal Diocese of Southern Virginia**  
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Visit the Diocese website at [www.diosova.org](http://www.diosova.org), and their YouTube channel at [www.youtube.com/user/TheDioSoVa](http://www.youtube.com/user/TheDioSoVa). Sign up to receive the Diocese's weekly eNews email, [www.bit.ly/weeklyemailnews](http://www.bit.ly/weeklyemailnews).



# Thanksgiving DINNER

The Holy Eucharist will be celebrated at the Thanksgiving Day Service on Thursday, November 24th at 11 AM. We encourage you to come to this beautiful service to worship and give thanks for all the blessings the season brings.

Following the service Thanksgiving Dinner will be served in the Parish Hall. Please come, and bring your friends, family or just yourself for good food and fellowship! Members of Epiphany will cook the turkeys. Everyone else is asked to bring a dish to share. Wine and cheese will be served at noon and dinner around 12:30 PM.

Please be sure to kindly sign up so we know how many to expect and what you are bringing!



**The Epiphany Star**  
is the monthly newsletter of  
**Church of the Epiphany,**  
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